



## A PROCLAMATION TO DESIGNATE JULY AS PARKS AND RECREATION MONTH

**WHEREAS** parks and recreation are an integral part of communities throughout this country, including Lindsborg, Kansas; and

**WHEREAS** parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS** parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression; and

**WHEREAS** parks and recreation encourage physical activities by providing space for popular sports, trails, swimming pools, and many other activities designed to promote active lifestyles; and

**WHEREAS** parks and recreation are a leading provider of healthy meals, nutrition services, and education; and

**WHEREAS** park and recreation programming and education activities, such as after-school programming, sports, and environmental education, are critical to childhood development; and

**WHEREAS** parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**WHEREAS** parks and recreation are fundamental to the environmental well-being of our community; and

**WHEREAS** parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**WHEREAS** our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS** the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**WHEREAS** Lindsborg, Kansas recognizes the benefits derived from parks and recreation resources.

**NOW THEREFORE**, I, Clark Shultz, Mayor of the City of Lindsborg, do hereby proclaim that July is recognized as **Parks and Recreation Month** in Lindsborg, Kansas.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Great Seal of the City of Lindsborg to be affixed on this 1<sup>st</sup> day of July 2024.

  
Mayor